

# BRUNCH

## BOWLS:

### Açai Bowl £6.95

100% Brazilian açai puree, topped with our homemade GF granola, banana, apple, grapes, coconut flakes and berry lavender compote

### Breakfast Bowl £5.25

Creamy coconut yogurt, topped with our homemade GF granola, banana, blueberries, apple, coconut flakes and berry compote

### Porridge Bowl £5.25

Our nourishing bowl of goodness comes with the choice of two toppings including: maple syrup, bananas, blueberries, raisins, almond butter, peanut butter, dried apricots, winter berry compote

### TJS Waffles Large £6.50/ Small £4.25

Our famous GF waffles are made from a mixture of nutritious grains and come with a choice of three toppings:

- Raw cacao nutella and banana (N)
- Sticky toffee sauce, apple and cinnamon
- Blueberries and maple syrup

## TOAST:

### Classic Avocado £5.95

Served with mixed leaf and prepared with lime, garlic and olive oil on GF or Granary bread.

### Smokey Beans £5.95

Cannellini and butter beans, homemade smokey sauce and beetroot Ketchup on GF or granary bread

### Wild Mushrooms, Spinach and Cherry Tomatoes £5.95

Sautéed and served with a balsamic glaze on GF or Granary bread

### Nut Butter and Banana £4.95 (N)

Choose from peanut or almond butter with a sprinkle of cinnamon

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• Everything on our plant-based seasonal menu is designed  
• to nurture your body, mind and soul. Our team of chefs  
• believe that nourishing, pure foods can be a celebration of  
• life and love! It is this passion that we know leads to the  
• most delicious, creative and healthy dishes around.  
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# SIGNATURE DISHES

### The TJS Classic Cheese Burger £8.95 (G)

Black bean patty, cheese sauce, beetchup and all the trimmings in our soft signature sesame bun. Served with House Slaw

**\*Or choose our Protein Burger option with no bun! £8.25**

### Falafel Burger £8.95 (G)

Spicy chickpea patty, tomato relish, crispy lettuce and all the trimmings in our soft signature bun. Served with House Slaw

**\*Or choose our option with no bun! £8.25**

### The TJS Superfood Kale, Squash and Lentil £8.50 (S) (N)

Sautéed sesame kale, chilli squash, lentils, smokey cashew mayo and toasted pumpkin seeds

### Burrito Wrap £8.50 (G)

Protein packed herby beans and lentils, smashed avocado, salsa and beetchup all packed into a warm wrap

# BOWLS

### Mexican Chilli Bowl £8.50 (N)

Lentils, beans, romaine lettuce, quinoa, hummus, smokey cashew cream, cucumber, sweetcorn, tortilla chips and tomato salsa. Served with a wedge of lime

### Laksa Curry £8.50

Light and fragrant coconut curry loaded with squash, aubergine, broccoli and herbed cauliflower rice

### Pad Thai £8.50 (S) (N)

Light rice noodles and seasonal veggies, in a peanut satay sauce and topped with sesame seeds and crunchy roasted peanuts

### Pesto, Spinach and Mushroom Fusilli £7.95

House made pesto, tomato, mushrooms and spinach tossed together with pasta and topped with a balsamic glaze and toasted pine nuts

**We Make Everything Fresh In-House Every Day!**

# ASK ABOUT OUR DAILY SOUP

Prepared from scratch in our Kitchen every morning using seasonal produce. Served with Granary or GF Bread  
£4.95

# SIDES

### Mac 'N' Cheese £4.50

Indulgent sweet potato and sunflower seed sauce with our GF fusilli pasta

### Sautéed curried cauliflower with onion seeds and coconut chips £4.00 (S)

Infused with superfood turmeric and full of flavour

### Homemade Tortilla Chips with dip £4.00

Served with beetroot hummus and Dukkah

### House Slaw £4.00

Seasonal Vegetables dressed in a healthy alternative to mayonnaise, using lemon, olive oil and fresh herbs

### Griddled flat bread £4.00 (G)

Served with a fig marmalade dip

## Special Dietary requirements? Follow this simple guide:

(G) - Contains Gluten (N) - Contains Nuts (S) - Contains Sesame

# THE JUICE SMITH WEEKENDER

AVAILABLE ON SATURDAY AND SUNDAY ONLY

### The TJS Full English and a small cold-pressed juice of your choice £12.50 (G)

Hash Brown, plum Tomato, Chestnut mushroom, wilted spinach, Smokey beans, beetroot ketchup and Served with a choice of Granary or GF and a plant-based butter

## CHILLED DRINKS

### Organic Cold-pressed Juice and plant-based Milks

Available in Large £6.95 and Small £4.25

**Black LemonAid** £4.50

**Detoxifier** £3.50

**The Healer** £3.50

**Still/ Sparkling Water** £1.95

WE OFFER  
JUICE  
CLEANSES!  
Please ask our  
staff  
for details.

## SMOOTHIES £6.50

### Rise and Shine

Coconut milk, GF oats, pecans, cinnamon, mesquite, mixed berries, banana and topped with our GF homemade granola

### True Blue Açai

Almond milk, banana, blueberries, açai, vanilla and agave

### Goodness Greens

Spinach, kale, avocado, apple, lime, spirulina, baobab, bee pollen

### Choc Chip Maca Dream

Almond milk, banana, almond butter, carob, cacao, maca and vanilla

### Beauty and the Baobab

Coconut water, mango, strawberry, baobab, lime, agave and ginger

### The Workout

Almond milk with a choice of chocolate/vanilla SunWarrior protein powder with either banana, blueberry, strawberry or mango

### Piña Colada

Coconut water, pineapple, lime, agave, baobab

## HOT DRINKS

We use rich, organic coffee beans from the Beanberry local roastery. Made to order with a huge selection of plant-based milks.

MATCHA LATTÉ | GOLDEN TURMERIC | BEET LATTÉ £3.00

ICED REGULAR | GOLDEN | MATCHA LATTÉ £3.00

CAPPUCCINO | FLAT WHITE | LATTÉ £2.80

AMERICANO | ESPRESSO £2.20

MACCHIATO £2.50

HOT CHOCOLATE HOT CHOCOLATE £2.80

Decaf coffee is available on request

Regular Tea £2.10 Speciality Tea £2.50 Flower Bomb £4.00

## GRAB AND GO

### SWEET:

**Super Seed Bar** £4.95

Coconut chips, pumpkin seeds, sesame seeds, chia seeds, goji berries, dates, lucuma, carob powder, raisins

**Cocoa Fudge Bar (N)** £4.95

Pecan, hazelnuts & walnuts, cocoa

**Chocolate Sesame Cupcake** £4.25

Cacao, sesame seeds, coconut sugar, maple syrup, vanilla, sea salt

**Toffee Apple Slice (N)** £4.95

Cashews, coconut, apple, maple syrup, coconut sugar, Medjool dates, mesquite, pecans, cacao

**Buttercup Brownie (N)** £4.25

Tahini, hazelnut, brazil nut, almonds, cacao butter, cacao powder, maple syrup, Medjool dates

**Bounty Bar** £3.75

Coconut flakes, GF oats, agave, coconut oil, vanilla, salt

Sweet Specials also available everyday in our fridge.

Delicious dried snacks by the counter!

MADE 100% IN-HOUSE

## BRUNCH POTS £3.95

Chia Pud

Tropical Chia Pud

Apple and Almond Bircher Muesli (N)

Spiced Carrot Cake Bircher Muesli (N)

## DAILY SUPER FOOD SALAD BOXES £7.25

23 Oakdene Parade, Cobham, Surrey, KT11 2LR

Contact us / 01932 864 443

Open: Monday-Friday 8am-5pm

Saturday 9am-5pm Sunday 10am-3pm

WWW.THEJUICESMITH.COM

The Juice Smith

COLD PRESSED



ORGANIC KITCHEN  
AND COLD-PRESSED  
JUICERY



@THEJUICESMITH